

GASTROSCOPY PREPARATION INSTRUCTIONS

No food or drink for six hours prior to procedure.

Stop Mylanta 24 hours before test.

Stop Nexium, Somac, Pariet, Zantac & Losec for five days before test (if possible).

No smoking or chewing gum on the day of the procedure.

On the day of your procedure, please bring:

- Referral from your doctor
- Medicare card
- Private health insurance card (where applicable)
- Pension card or health care card (where applicable)

Due to the fact that you will be anaesthetized for the gastroscopy, someone must drive you home following the procedure.